

Pronunciation Checklist

Introduction

This checklist is intended to help English language learners self-assess their pronunciation skills. It focuses on clarity, stress, intonation, and common pronunciation challenges.

1. Vowel Sounds

Can you clearly pronounce the following vowel pairs?

- Ship / Sheep
- Bit / Beat
- Full / Fool
- Cat / Cut
- Hat / Heart

2. Consonant Sounds

Are the following sounds distinct in your speech?

- Pat / Bat
- Fan / Van
- Thin / Then
- Sip / Zip
- Light / Right

3. Word Stress

Are you putting the stress on the correct syllable?

Try these examples:

- PREsent (noun) vs preSENT (verb)
- REcord (noun) vs reCORD (verb)

4. Sentence Stress and Intonation

Do you stress important content words and reduce function words?

Is your voice rising at the end of yes/no questions and falling at the end of statements?

5. Rhythm and Flow

Does your speech have a natural rhythm?

Can you link words together smoothly without pausing awkwardly?

6. Self-Evaluation

Rate your confidence for each category on a scale from 1 (needs improvement) to 5 (very confident).

- Vowel Clarity: ___
- Consonant Accuracy: ___
- Word Stress: ___
- Sentence Intonation: ___
- Rhythm and Flow: ___